- *Facing your fears, something unknown or something different with confidence being brave.
- *Persevering with something you find difficult and asking for help if you need it not giving up.
- *Doing the right thing, even if it is difficult setting a good example.

*What is courage?

Which of these shows courage?	
Fighting with someone who has upset you.	Walking away from a fight.
Doing something silly that your friends are doing.	Not joining in with your friends when they are doing something silly.
Standing up for someone who is being bullied.	Bullying someone because they are different.
Accepting responsibility when you have done something wrong.	Blaming someone else when something has gone wrong.
Making friends with someone who is new.	Ignoring someone you don't know.
Looking after yourself when you bump into someone.	Helping someone who is hurt.
Giving up and stopping a task when it becomes too difficult.	Working hard at something that is difficult for you to do.

*Which of these shows courage?